



Micropigmentation Pre-Procedure Information & Care

It is very important that you read ALL of the information in this document, sign it, and send it back to us. This confirms that you understand our policies. We cannot do your procedure without it. Thank you for your understanding.

Contraindications - You may not be a candidate for micropigmentation if any of the following apply:

- Pregnancy
- Nursing
- Diabetes Type 1
- Lupus
- Hepatitis B/C
- AIDS
- Active Skin Disorders: Cold Sores, Shingles, Impetigo, Psoriasis, Pink Eye, Sun Burn, Severe Acne
- Active Vitiligo
- Severe Rosacea
- Blood Disorders: Sickle Cell, Hemophilia
- Keloid Formation
- Mental Disorder
- Accutane (must be off for 6 months)
- Steroids (must be off for 6 months)

Restrictions -

- **Retinol/Retin-A** must be discontinued 7 days prior to procedure. (It will cause the skin to bleed).
- **Injections** (Botox, Radiesse, etc.) must be done 2 weeks before or 2 weeks after procedure.
- **Chemical peels** and **laser treatments** may not be done within 30 days before or after procedure.
- **The use of Latisse®** must be discontinued *at least* 3 months prior to your eyeliner procedure. You may continue to use **GrandeLash MD**.
- **Sunburned** or **Suntanned skin** is damaged skin and therefore will cause excessive bleeding. We CANNOT work on sunburned or suntanned skin.
- **You cannot expose the area to the sun** for 30 days before or after procedure.
- **Do not schedule this procedure within one week prior to a water vacation.**
- **Stay out of steam rooms, saunas, hot yoga, swimming pool,** etc. for one week following procedure.
- **Avoid working out or sweating for 1 week post procedure.** (sweat will prevent pigment from healing in skin)
- **Avoid alcohol and caffeine 1 day before procedure** to minimize any oozing, bleeding or swelling.
- **Do not take aspirin, ibuprofen, niacin, fish oil or vitamin E** 3 days prior to procedure unless medically necessary.

ALL SEMI-PERMANENT COSMETIC PROCEDURES ARE MULTI-SESSION PROCESSES.

An initial application is incomplete until after a follow-up appointment, which must be scheduled approximately 6-10 weeks after your initial appointment. There is no additional charge for the follow-up after your initial application as long as it is performed within three months of the initial appointment.

WHILE YOUR SKIN HEALS, BE PREPARED FOR THE COLOR INTENSITY OF YOUR PROCEDURE TO BE SIGNIFICANTLY LARGER, SHARPER, BRIGHTER, OR DARKER than what is expected for the final outcome. This is a normal and expected result of the application and healing process. The healing



process will take a number of days to complete, depending on how quickly the outer layer of your skin exfoliates and new skin regrows to take its place. Since delicate skin or sensitive areas may swell slightly or redden, some clients feel it best not to make social plans for a day or two following any procedure. Wear your normal makeup and bring your lip or brow pencils with you the day of the procedure.

Please be aware that in order to ensure I choose the right color pigment, I may need to remove any foundation or concealer you are wearing to see the true undertone of your skin. You may choose to bring your makeup to touchup after your procedure. In order to provide all of our patients with great service and the best experience, our policies are as follows:

CLIENT-ONLY IN THE PROCEDURE ROOM:

Though a friend or family may accompany you to your appointment, we have learned it is best that they do not sit-in on your procedure. It is important the artist is able to have their full focus on you, the client. Friends and family tend to be a distraction for both the client and artist.

CHILDREN, TODDLERS AND BABIES.

Though we love children, toddlers and babies, we must kindly ask that you do not bring them with you to your appointment. Unfortunately, they are a distraction to the artist, as well as the other patients.

CANCELLATION POLICY:

Micropigmentation is a time-intensive service. In booking your appointment, we are reserving a designated amount of time specifically for you. We require a 50% non-refundable deposit in order to reserve this time for your appointment. If you need to cancel for any reason, we require that you cancel *at least 24* hours prior to the start of your appointment time so that we may be able to offer this time to another client. If your appointment is cancelled with less than 24 hours' notice (or in the case of a no-show), you will still be charged the full price of your scheduled service.

Follow-up appointments: There is no charge for the follow-up appointment to a new/initial procedure when it is done within 3 months of the initial procedure. However, in the case of a cancellation with less than 24 hours' notice or a no-show, the follow-up is considered forfeited and any following appointments will be charged as a touch-up appointment.

TARDINESS:

Please plan to arrive 15 minutes prior to the start of your appointment. You will need to complete a consent and medical intake form. If you are late it will compromise the amount of time I have to spend on your procedure, which in turn compromises your results. If you are more than 30 minutes late, the procedure may be cancelled, and the full service fee will still apply, as I am not able to sell this time to another patient.

RIGHT TO REFUSE TREATMENT:

Though it is *extremely* rare, we reserve the right to refuse treatment for the following reasons:

- Undisclosed skin condition (including sunburn/suntan)
- Under the influence of drugs or alcohol
- Any behavior which might compromise my ability to work safely and comfortably toward the desired results, or might disrupt other patients.

Pre-Procedure Instructions

Eyebrows:

Avoid tweezing, waxing, electrolysis, and coloring your brows for two weeks prior to the procedure. I offer several different options of eyebrow pigmentation lasting from several months to several years.



(Microblading vs. traditional micropigmentation). I offer hair strokes, hair strokes with shading and fully shaded brows. We will discuss the best options for you depending on your skin type, lifestyle, desired results and desired maintenance.

Eyeliner:

• **Do not wear contact lenses during or immediately following your eyeliner procedure.**

Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes return to their pre-treated condition.

• **The use of Latisse®** must be discontinued *at least* 3 months prior to your eyeliner procedure. Latisse® produces an inflammatory reaction in the skin, which causes excessive pain and bleeding. If you use Latisse®, your eyeliner will not take properly.

• **Do not use other growth stimulants** such as RapidLash®, or RevitaLash® for at least one week prior to or one week after your eyeliner procedure. GrandeLash MD is approved to wear.

• **Lash extensions must be removed completely before your eyeliner procedure.** If you have lash extensions, we will not be able to do your eyeliner. Lash extensions pose a danger to your eyes during the micropigmentation procedure.

Lips: If you have any history of cold sores, fever blisters, or herpes simplex, you **must** contact your physician to obtain and take the proper prescription medication to prevent such outbreaks for at least 4 days before and after the procedure. Many physicians prescribe 12 capsules of 500mg Valtrex. Follow your physician's instructions.

Micropigmentation is a process. Two or three sessions may be required to achieve the desired result. It is not uncommon to lose up to 70% of the color after the first session.

Please be aware that having a procedure done while on your menstrual cycle can make you hypersensitive at the procedure site. You will be given detailed after-care instructions at the time of your procedure. Please call or email me with any other questions you may have. **I look forward to seeing you soon!**

I have been made aware of the contraindications and restrictions of micropigmentation and agree with our policies.

Print Name: _____ Date: _____

Signature: _____